

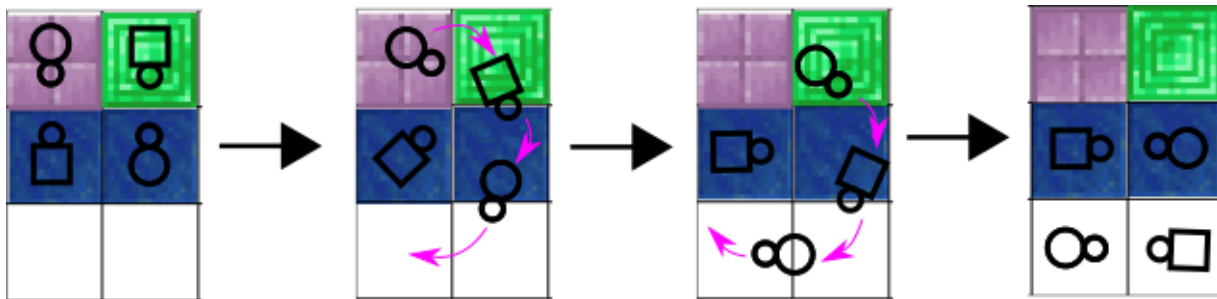
Dance Book



For your improved understanding, each move is both described in prose as well as diagrammed below. The small circle represents the forward-facing direction of each dancer. Leads are represented by squares, and followers are represented by circles.

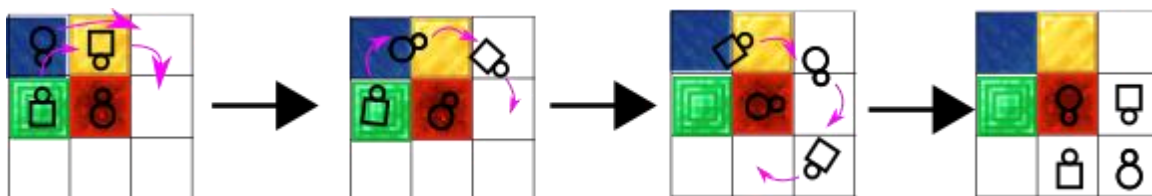
Allemande

Blue lead will stay in the same space and rotate $\frac{1}{4}$ turn, while the other three dancers walk in a semi-circle around them.



Barn Raiser

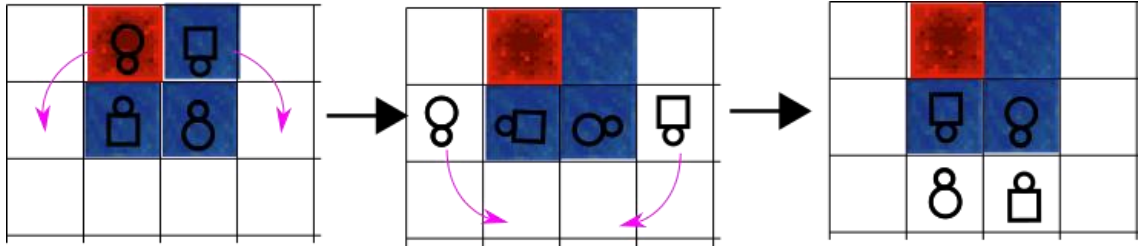
Red follower will stay in the same space and rotate $\frac{1}{2}$ turn, while the other three dancers walk in a semi-circle around them.





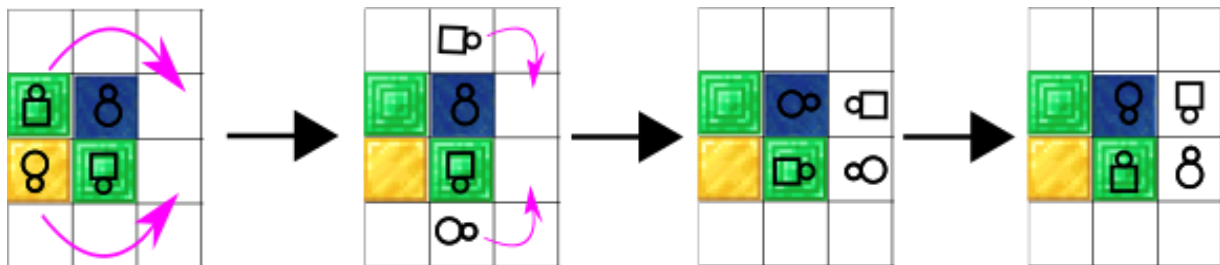
Come About

Red follower and the lead to their left will walk around the outsides of the other two dancers, while those two dancers rotate 180° in place.




Lasso

The lead on green and the follower on Yellow march around the outside of the other two dancers, while the stationary dancers rotate 180° in place. Afterwards, each dancer rotates ¼ turn inwards.



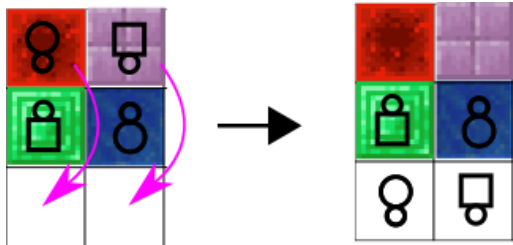

Promenade

Follower on purple and lead on blue, raise your arms up and bring them together to make a bridge. The other two dancers, link arms at the elbow and promenade underneath the bridge the other dancers have formed, ending in a square formation.



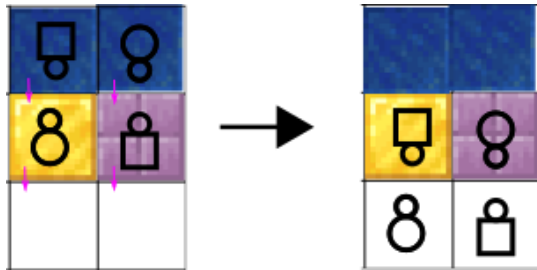
Pull By

Reach forward with your right hand, and grasp the hand in front of you. The blue and green pair will stay stationary as they pull the red and purple pair past them on their right side, ending back-to-back.



Rattlesnake

All dancers, take one step forward or back, as indicated in the diagram.



Swing

Lead and follower on Blue, Pivot $\frac{1}{4}$ turn. The other two dancers, walk in a semi-circle around them, ending in a square formation.

